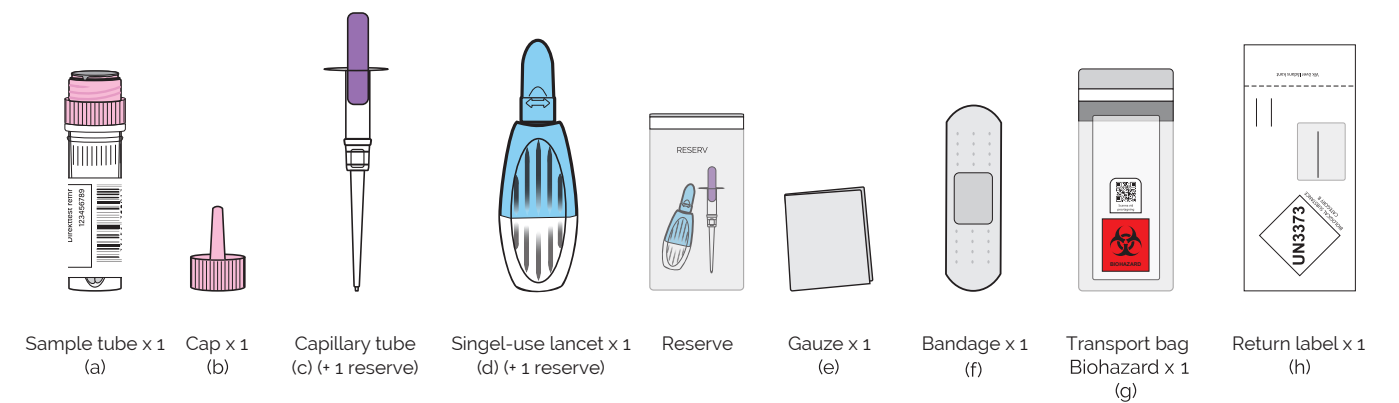


INSTRUCTIONS FOR USE



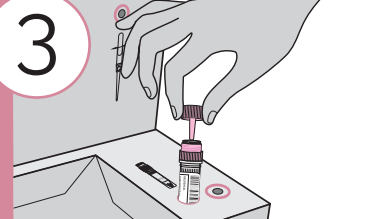
I. Preparation



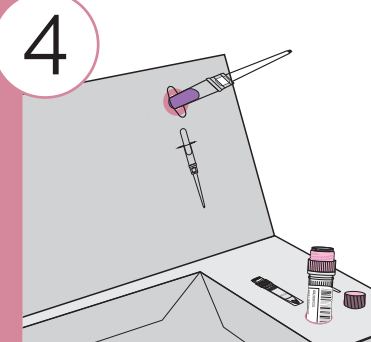
- Watch the instruction video by scanning the QR code before you start the sampling.



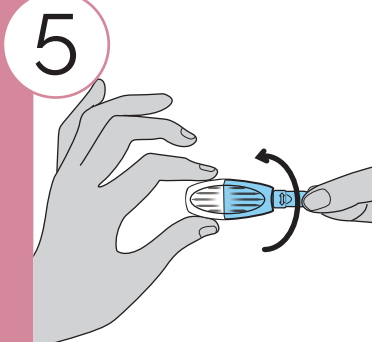
- Wash your hands with soap and warm water.
- A clean and warm hand is essential for successful sampling.



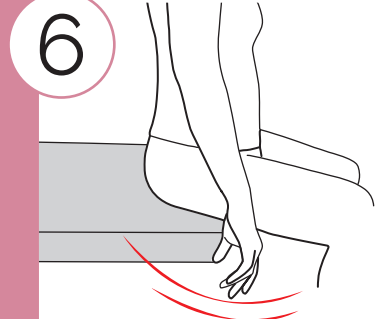
- Assemble the True Dose packaging according to the instructions on the box.
- Place the sample tube (a) upright in the marked hole in the packaging.
- Firmly press the cap (b) through the seal on the sample tube (a).
- Lift off the cap (b) and place it next to the sample tube (a) in the packaging.



- Place the capillary tube (c) in the marked hole on the inside of the packaging lid.

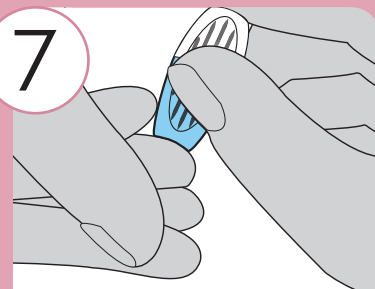


- Remove the protective cap from the lancet (d) by twisting it.

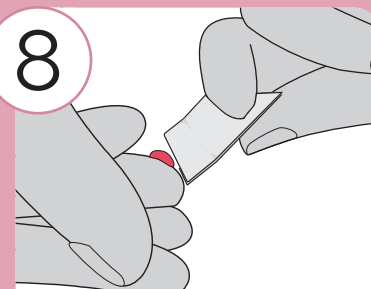


- Let your hands hang down by your sides and shake them to increase blood circulation.
- Keep your hands below heart level at all times.

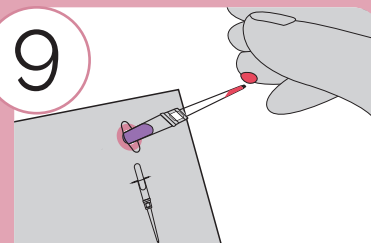
II. Sampling



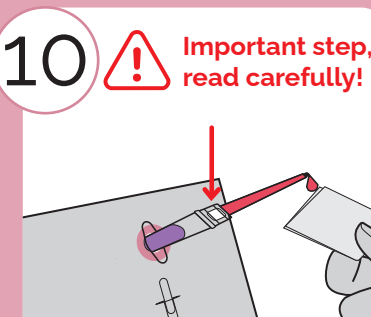
- Prick the side of the fingertip of either your ring finger or middle finger.
- The lancet (d) is activated by a firm press.



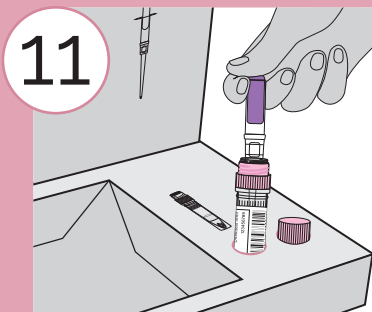
- Wipe away the first drop of blood with the compress (e).
- Use your other hand to help squeeze blood from the pricked finger.



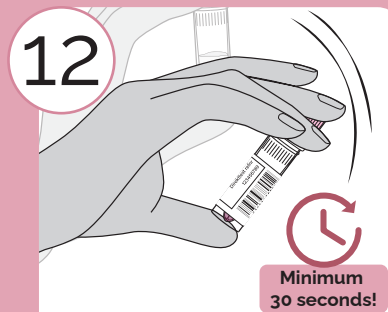
- Draw the blood into the capillary tube (c) by holding the fingertip against the capillary tube (c).



- Fill the capillary tube (c) until the blood reaches the white filter, as indicated by the arrow in the picture.
- Wipe away any excess blood that has ended up outside the capillary tube (c).



- Detach the capillary tube (c) from the box and insert it into the sample tube (a).
- Press the purple top to push the blood into the sample tube (a).



- Pull the empty capillary tube (c) out of the sample tube (a).
- Screw the cap (b) on tightly until it is sealed.
- Shake the sample tube (a) vigorously for at least 30 seconds.

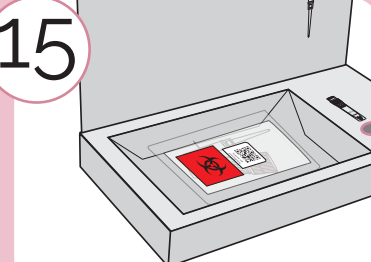
III. Register and send



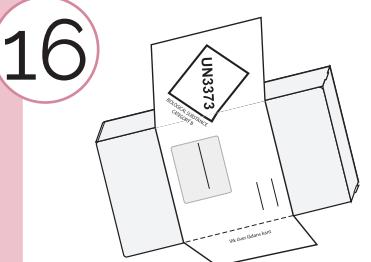
- Scan the QR code on the transport bag (g).
- Answer the patient questionnaire.
- If you do not complete this, your test result will be invalid.



- Place the sample tube (a) **and the capillary tube (c)** in the transport bag (g) between the absorbent pads.
- Remove the white plastic strip and seal the bag.
- If you do not include the capillary tube (c), your test result will be invalid.



- Fold the transport bag (g) with the sample tube (a) and the capillary tube (c) and place it in the True Dose packaging.
- Disassemble the box and close the packaging.



- Attach the return label (h) to the packaging along the dotted line.
- Mail the sample as soon as possible.



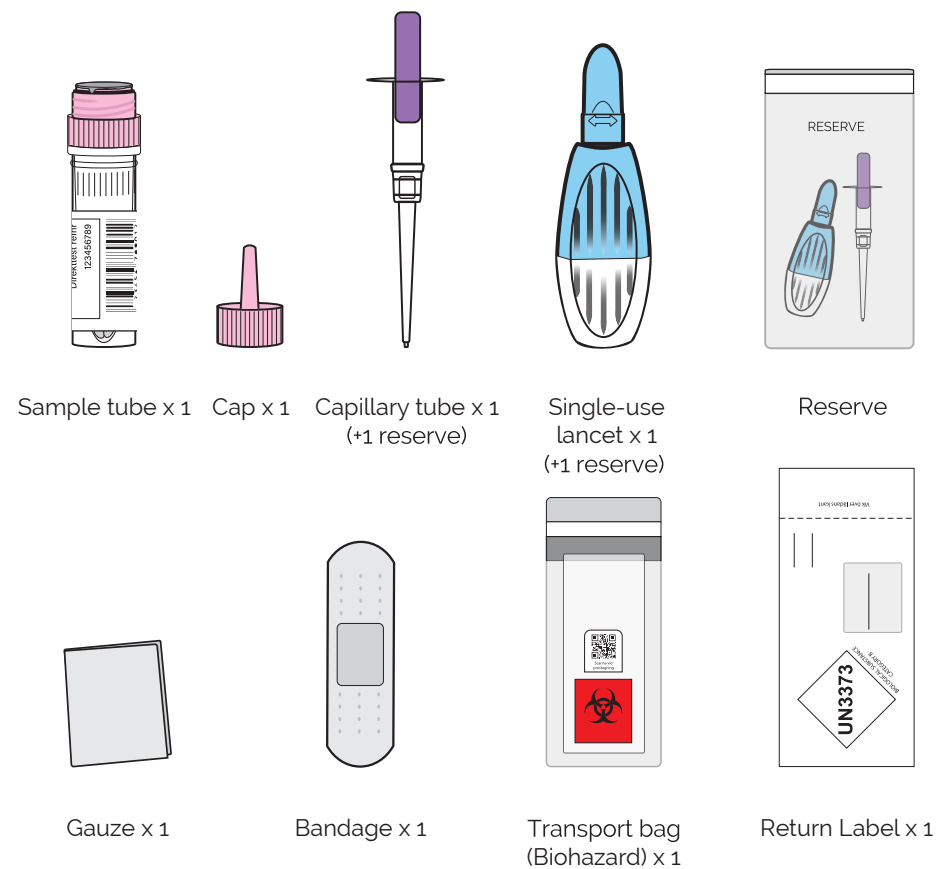


INSTRUCTIONS FOR USE

www.truedose.se



Components



Warnings and precautions



- Read the instructions on the front page before starting the sampling.
- Note that only one capillary tube with 50µL can be inserted into the sample tube. More blood leads to incorrect sample results.
- Check the expiration date (📅) do not use if expired.
- A reserve is provided in case the Instructions for Use are not followed correctly.
- Use only the included transport and storage equipment for samples (according to instructions).
- Only blood collected through pricking should be used.
- The kit is for indoor use only.
- Do not use at temperatures outside the specified range.
- Follow general precautions for blood sampling and handling of potentially infectious blood (🦠).
- All used components with blood must be handled and disposed of as safely as possible and according to applicable regulations for potentially infectious material.
- In case of incidents, adverse events, or other problems related to the use of the True Dose kit, contact True Dose AB at info@truedose.se

Product specifications

Sample volume:

50 µL per sample tube.

Material:

PET film. Paper. Foil.

Storage:

Temperature: ≤ 25°C. Avoid direct sunlight and moisture.

Symbols

- Read the enclosed instructions before use.
- Pay attention: Read about warnings and precautions in the instructions for use.
- Legal manufacturer.
- The labeling indicates that the product meets requirements in IVD Regulation (EU) 2017/746.
- This product is intended for in-vitro diagnostic use.
- LOT / Batch number.
- The product is intended for single use.
- Article number.
- Expiration date (YYYY-MM-DD).
- Indicates appropriate storage temperature range. Degrees Celsius.
- Do not use if the packaging is damaged.
- Indicates a risk of biological contamination.
- Blood sampling at home.
- Contains human blood or plasma derivatives.
- Keep away from sunlight.
- Keep dry.
- Metanol (<1ml), Isopropanol (<1ml)
- Metanol (<1ml), Isopropanol (<1ml)
- Metanol (<1ml), Isopropanol (<1ml)



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