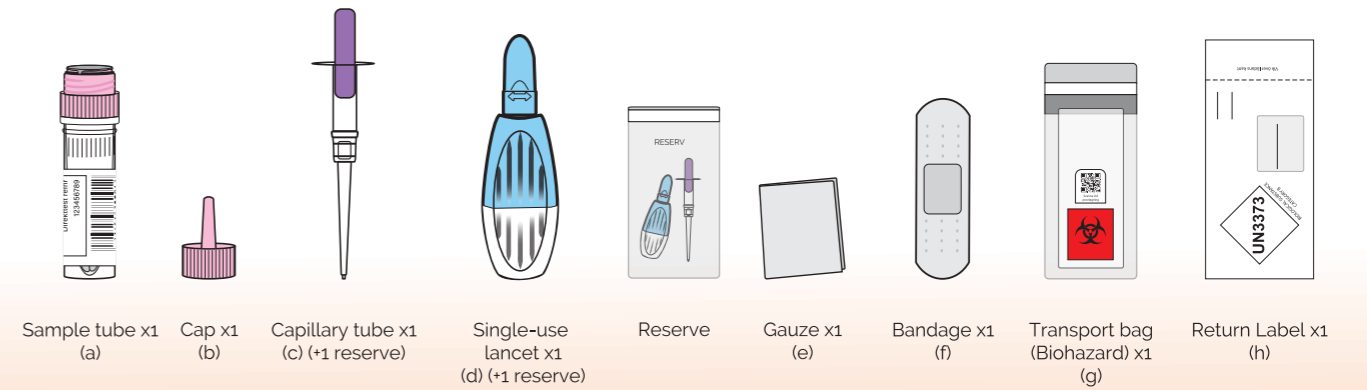


INSTRUCTIONS FOR USE



Preparation

Sampling

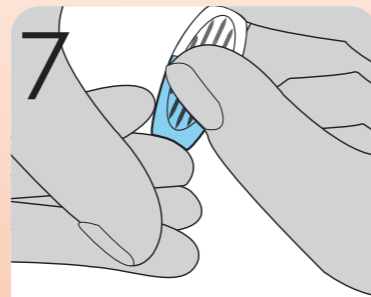
Register and send



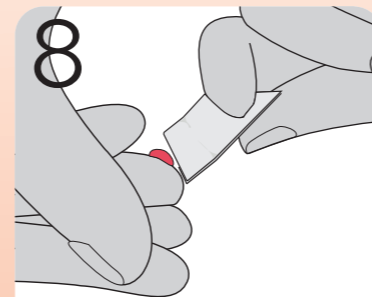
1
Please watch the entire instruction video by scanning the QR code before starting the test. This video ensures you understand each step for accurate results



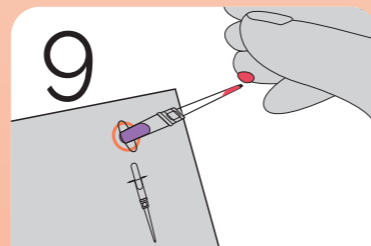
2 **minimum 2 minutes!**
Wash your hands with soap and warm water. Warm and clean hands are crucial for successful sampling.



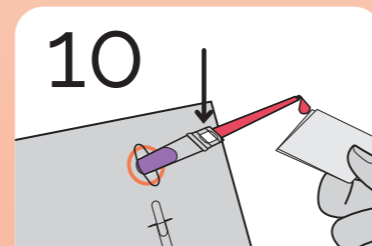
7
Prick the side of the fingertip on either the ring or middle finger. The lancet (d) is activated by a firm press.



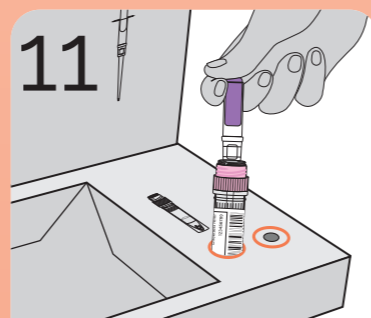
8
Release the pressure on the fingertip and wait a few seconds until the blood appears. Wipe away the first drop with the gauze (e).



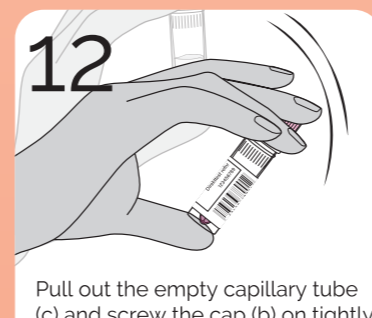
9
Bring the blood drop from the fingertip above to the capillary tube (c) to draw in the blood. NOTE that only the blood drop should touch the capillary tube (c), not the skin on the fingertip.



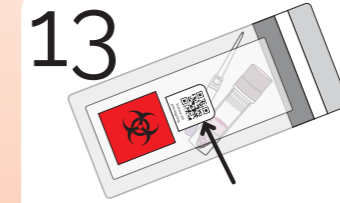
10
Fill the capillary tube (c) until the blood reaches the white filter, according to the arrow in the image. Blood collection stops automatically when the capillary tube is filled with blood. Wipe off any excess blood that may have ended up outside the capillary tube (c).



11
Immediately, insert the capillary tube (c) into the prepared sample tube (a) and press on the top to squeeze out the blood.



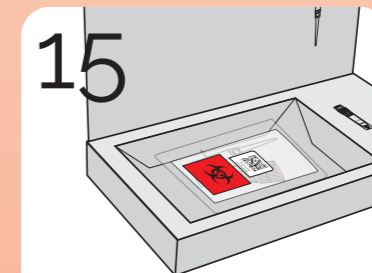
12
Pull out the empty capillary tube (c) and screw the cap (b) on tightly. Turn until the cap (b) cannot be tightened further; screw so that the cap is completely sealed. Shake the sample tube (a) vigorously for at least 30 seconds.



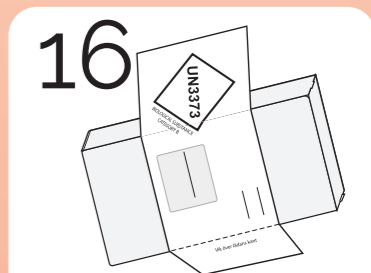
13
Scan the QR code labeled 'Scan at Sample Collection' on the transport bag (g) to answer the patient questionnaire. Completing the patient questionnaire is essential. Failure to do so will invalidate your test results.



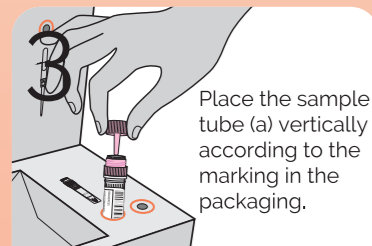
14
Place the sample tube (a) and the capillary tube (c) in the transparent transport bag (g) marked with "Biohazard". Let the absorbent pad remain in the bag. Remove the white plastic strip and fold down the flap to seal the bag.



15
Place the transport bag with the sample tube (a) and capillary tube (c) in the cardboard box that was included. Make sure the transport bag is properly sealed. Close the box.

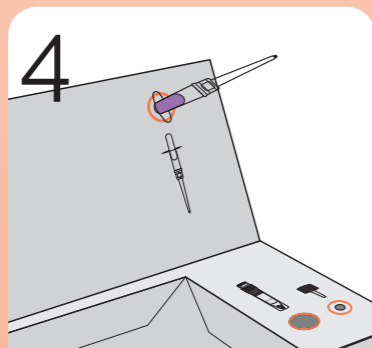


16
Stick the return label (h) on the box along the dashed line. Preferably mail the sample as soon as possible, ideally on the same day the sample was taken.

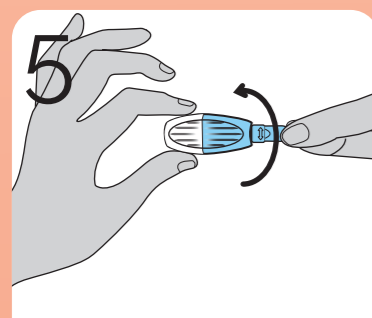


3
Place the sample tube (a) vertically according to the marking in the packaging.
Activation step: start by firmly pressing the cap (b) through the seal on the sample tube (a). The sample tube (a) is activated when the liquid turns blue. Remove the cap and place it according to the marking in the packaging.

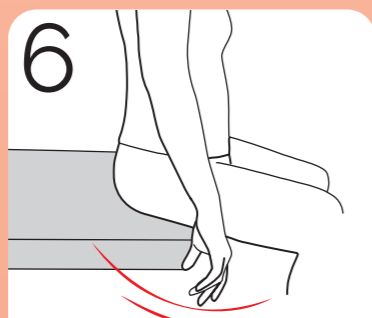
The liquid does not turn blue? Try pressing the cap up and down a few times.



4
Place capillary tube (c) according to the marking on the inside of the package lid.



5
Remove the lancet's (d) protective cap.



6
Let your hands hang along your sides, shake them to increase blood circulation. Always keep your hands below heart level.



TRUE DOSE®
INSTRUCTIONS FOR USE

www.truedose.se



Start → Read through all the instructions before use.

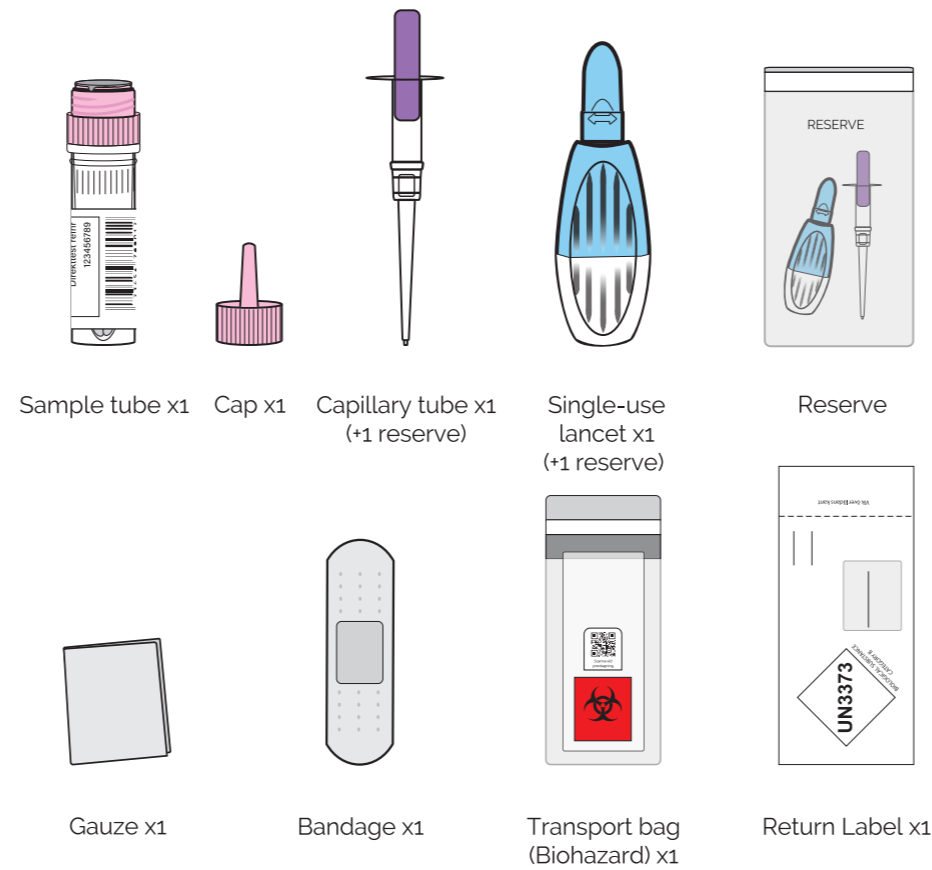
Intended use:

True Dose® self-sampling kit is used to collect and preserve capillary blood in a fixed volume in a sample tube.



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 support@truedose.se, www.truedose.se
 +46 760 07 27 79
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Components



Warnings and precautions



- Read the instructions on the front page before starting the sampling.
- Note that only one capillary tube with 50µL can be inserted into the sample tube. More blood leads to incorrect sample results.
- Check the expiration date (📅) do not use if expired.
- A reserve is provided in case the Instructions for Use are not followed correctly.
- Use only the included transport and storage equipment for samples (according to instructions).
- Only blood collected through pricking should be used.
- The kit is for indoor use only.
- Do not use at temperatures outside the specified range.
- Follow general precautions for blood sampling and handling of potentially infectious blood (🚫).
- All used components with blood must be handled and disposed of as safely as possible and according to applicable regulations for potentially infectious material.
- In case of incidents, adverse events, or other problems related to the use of the True Dose kit, contact True Dose AB at info@truedose.se

Product specifications

Sample volume:
 50 µL per sample tube.

Material:
 PET film. Paper. Foil.

Storage:
 Temperature: 4°C to 25°C. Avoid direct sunlight and moisture.

Symbols

- Read the enclosed instructions before use.
- Pay attention: Read about warnings and precautions in the instructions for use.
- Legal manufacturer.
- The labeling indicates that the product meets requirements in IVD Regulation (EU) 2017/746.
- This product is intended for in-vitro diagnostic use.
- LOT / Batch number.
- The product is intended for single use.
- Article number.
- Expiration date (YYYY-MM-DD).
- Indicates appropriate storage temperature range. Degrees Celsius.
- Do not use if the packaging is damaged.
- Indicates a risk of biological contamination.
- Blood sampling at home.
- Contains human blood or plasma derivatives.
- Keep away from sunlight.
- Keep dry.
- Metanol (<1ml), Isopropanol (<1ml)
- Metanol (<1ml), Isopropanol (<1ml)
- Metanol (<1ml), Isopropanol (<1ml)